

## HIGH SCHOOL WORKSHOPS

Young Voters	<b>HS-0</b>	SENIORS ONLY: This workshop will be lead by Sarah Weber, who is the Pennsylvania regional manager with Inspire U.S. – a partner of the Pennsylvania Department of State. Inspire PA is a nonpartisan nonprofit, an organization centered on transforming young leaders' inspiration into action that improves our communities and strengthens our democracy. This workshop will focus on the power of youth civic engagement, particularly voting, and how you can organize and mobilize your peers to become active and engaged citizens in high school and beyond!
Escaping the challenge of team work	<b>HS-1</b>	Workshop includes an escape room to unlock the mystery box. If you have ever questioned your team work skills this is the workshop for you to put them to the test.
It's Time to Get Social	<b>HS-2</b>	Hey ppl! U should B @ this workshop if this is how U communicate every day. Learn how to improve your face to face communication skills in a world where we are dependent on technology. It's time to get social!
"Learning About Communication at the Mad Tea Party"	<b>HS-3</b>	Come join us in this whimsical themed workshop about communication, an important asset to solving problems. And who doesn't love a little madness with a spot of tea.
Every Piece Matters!	<b>HS-4</b>	In this workshop, student council members will learn how to make sure every piece of their stuco puzzle matters and will learn skills in creating a well rounded council! They will learn how to fit all the pieces together and make sure everyone takes place!
What's the Sitch?	<b>HS-5</b>	Having difficulty leading your group? Maybe you're using the wrong leadership style! Come to our workshop and learn how to apply leadership styles so that you are destined for success.
How to Plan a Successful Community Service Project	<b>HS-6</b>	Want to give back to the community but not sure how? Our workshop provides the foundation for planning and executing a successful community service project and includes examples of projects you can start at your school.
Drop the Hassle, Keep the Tassel	<b>HS-7</b>	Are you stressed? Attend this workshop to learn ways to destress and focus on getting the tassel without the hassle of the daily stress we experience as high school students.
The Key to Perseverance	<b>HS-8</b>	The focus is YOU! Immerse yourself in techniques to overcome obstacles you face as an individual in your council. Learn to communicate ideas effectively and fulfill your role as a leader no matter your position. Everyone can make a big impact with the right mindset.

## MIDDLE SCHOOL WORKSHOPS

Teamwork Wins!	<b>MS-1</b>	Through the use of activities delegates will learn the importance of teamwork. There will also be games and candy!
IDEAS- You're a Unique Piece of the Puzzle	<b>MS-2</b>	This workshop focuses on procrastination. Come learn IDEAS to avoid putting off your work to the last second.
Skip the Self-Doubt	<b>MS-3</b>	In "Skip the Self-Doubt," you will have the chance to bond with others in some fun icebreakers and receive advice on how to build your self-confidence from myself and your fellow delegates. We'll look at examples of self-doubt in movies, shows, and musicals, and see how those characters dealt with it. Hope to see you there!
Popping Stereotypes	<b>MS-4</b>	In "Popping Stereotypes" we will teach delegates how to recognize, navigate, and avoid stereotypes in everyday life as a leader with our theme of balloons. We will have various, hands on activities, from popping balloons to dressing up. We hope to educate every delegate about the tricky situations that circulate around stereotypes and how to put them to an end.
We'll Make A Team Out Of You	<b>MS-5</b>	Assigned group projects... we all hate them. Being assigned with that one person you cannot stand...even worse! There are many elements to having a successful project and one of them is TEAMWORK. In student council, or in the classroom, this workshop will give you tips and tactics to resolve drama, use teamwork, and gain trust with those around you. We're combining one thing we love, Disney, and one thing we could care less for, teamwork, into one big workshop extravaganza.
Communication on the Inside and Out	<b>MS-6</b>	Our workshop is filled with fun, interactive ice breakers and activities. Delegates will learn communication skills that are interpreted through the movie, Inside Out. Our goals are to enhance the delegates leadership skills and communication skills with others.
A Little Bit of Everything	<b>MS-7</b>	Can't decide on a workshop? Why not get the best of everything? With our workshop we take the essentials from some of the most important skills to have that can better your council such as Time management, Team bonding, and Communication. We have turned something that could have been a boring lecture into some exciting games and activities to teach these important concepts in a fun, engaging way. Not only will these skills benefit your student council, but they will also help you tackle problems within your own life.
Totally CONFIDENT-ial	<b>MS-8</b>	At "Totally CONFIDENT-ial," we'll learn about what confidence is, how to gain confidence, and why failure is a good thing, all with a spy theme. We will give real life examples, watch movie clips and gifs, and look at James Bond memes. We will also eat candy, listen to James Bond music, and play a fun icebreaker. The mission of this workshop is to help students realize and gain the full amount of their confidence.

## HIGH SCHOOL AND MIDDLE SCHOOL WORKSHOPS

We're All in This Together	<b>B-1</b>	Do you believe we are all in this together? Either way, join us in our workshop where you will participate in a series of activities that will help you learn how to work together while having the full wildcat experience.
Escaping the Madness	<b>B-2</b>	Escaping the classroom will demonstrate: Leadership, Teamwork, Problem Solving, Communication Skills, and Project Planning. They will work in groups to see who can escape the fastest by, communicating and taking charge in tough situations that you might face in your Student Council.
The Maze Runner	<b>B-3</b>	In a fun, brought to life game of the Maze Runner delegates will learn how effective a large group can be when everyone has their own task. Delegates can leave this workshop knowing the importance of utilizing as many people as the can in their council to get tasks done more quickly and smoothly just like how they got the maze runner through the maze. Most importantly they will know how to direct these large groups so it isn't chaos, but an organized system.
CPR: Bring Your Members Back to Life!	<b>B-4</b>	Is your Student Council bored or unmotivated? Keep your members alive with these three ideas, CPR: Congratulations, Pride, and Recognition!
PositivityParty 2.0	<b>B-5</b>	This is a workshop where delegates get to party with positivity. It is a once of a lifetime opportunity to discover what positivity is to you by doing fun and crafty activities. So, who wants to party!?
No Need to Stress Out	<b>B-6</b>	Stress is a common thing for all students. If that is you this workshop will provide relief for your stress and melt away your worries using the recipe for success and hands on projects.
Icebreakers!	<b>B-7</b>	Need new ways to break the ice between your student council members? Come to this workshop to participate in fun new ways to get your members to bond and work well together!
The Devil Sitting on Your Shoulder	<b>B-8</b>	Which choice is the best choice, without hurting anyone? Learn to answer this question, and others, by using ethics and morals to make the best possible decision.
Holiday Helpers	<b>B-9</b>	Want to help over 100 students in your district have a great holiday season this year? Visit this workshop to begin your own gift giving project.